

We are the participants of the "European Youth Forum Trogen", which was held from the second to the ninth of March. During this event, we were given a choice and we attended one of the courses. We chose the course "Freedom and Security", which was amazing. When we returned to Russia, our group presented an action plan about this topic to primary school students. We began with two warm-ups devoted to confidence in each other. We also conducted exercises aimed at understanding and creating a comfort zone, conflict resolution and finding ways to strike a balance, as well as the ability to work in a team. We tried our best to fulfill all the time we were given with challenging and unusual activities which would admire kids. Our expectations were realized and we achieved success. Students were impressed by the activities and it is the most important thing. Having an event like this and sharing what we learned in Kinderdorf is a great idea. We have gained new experience, which will be useful in the future!











