

We had an action plan about our workshop in the 10th grade. At the beginning our group told about the trip and our impressions, and then we showed our activities, which we were doing in the Kinderdorf Pestalozzi. We tried to convey the importance of meditation to us and tried to teach students a little. It was very unusual at first for them, but then it flowed. There was a challenge with toys as a warm-up. Moreover, we decided to show guys our loved challenge with chairs. In the end of our lesson we had a discussion of our unique experience, that we had during the forum time. We are so happy, that we can share with our classmates impressions of the trip and tell them what we experienced there. Besides, we more pleased that guys caught our wave and with enthusiasm did all our challenges, playing and communicating with us.











